

Elaine Johnson

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EDUCATION

Emory University, Atlanta GA

Doctor of Philosophy, Clinical Psychology

August 2023

Emory University, Atlanta GA

Master of Arts, Clinical Psychology

June 2020

The City College of New York

Bachelor of Arts, Psychology

June 2017

FELLOWSHIPS & HONORS

Purposeful Teaching Fellowship

September 2025

George Woodruff Fellowship, Emory University

August 2018 – August 2023

Jeannette K. Watson Fellowship, The Watson Foundation

March 2015 - June 2018

Salutatorian - The City College of New York (CCNY)

June 2017

Valedictorian - The Colin Powell School for Civic and Global Leadership, CCNY

June 2017

Bernard R. Ackerman Award

June 2017

Outstanding SEEK Graduate of the Year

June 2017

The Colin Powell Fellowship in Leadership and Service, CCNY

April 2015 - June 2017

Psychology Honors Program, CUNY City College

February 2016 - June 2017

Phi Beta Kappa Honor Society

May 2017

Chi Alpha Epsilon National Honor Society

December 2015

Psi Chi, The International Honor Society in Psychology

May 2015

Outstanding Sophomore of the Year

May 2015

TEACHING EXPERIENCE

Emory University, Atlanta, GA

August 2023 – Present

Assistant Professor

- *Courses taught: Psychology 111: Introductory Psychology, Psychology 211: Childhood Psychopathology, Psychology 190: Psychology of Social Media, and Psychology 190: Science of Wellbeing, Psychology 387: Psychology in the British Isles.*
- Teach undergraduate courses in introductory psychology, research methods and clinical psychology
- Provide guidance for undergraduates seeking secondary education
- Provide one-on-one check-ins for students to facilitate success during the semester
- Responsible for designing wellness initiatives to be integrated within courses
- Plan and provide review sessions and office hours to aid students in their coursework and exams.
- Advising students in the major to succeed in their college career
- Creating courses with a focus on student flourishing and wellbeing

The City College of New York, New York, NY.

June 2022 – June 2023

Adjunct Professor

- Taught Child Psychopathology V7500, a course for master level students in the BA/MA program.
- Provide guidance and mentorship for students seeking doctorate degrees and psychology related jobs
- Students learn a variety of psychiatric and neurodevelopmental disorders that affect children and adolescents. Special emphasis is placed on severe forms of psychopathology, and the impact that these conditions have on daily academic and social functioning
- Taught Child Psychopathology 319, a 300 level 4-week intensive course for undergraduate students
- Provided guidance for undergraduates seeking secondary education
- Provided one-on-one check-ins for students

- Responsible for designing wellness initiatives to be integrated within courses

Emory University, Atlanta, GA

January 2022 – May 2022

Instructor, Child Psychopathology

- Taught Child Psychopathology 211, a 200-level course for undergraduate students
- Provided guidance for undergraduates seeking secondary education
- Provided one-on-one check-ins for students struggling to succeed during the semester
- Responsible for designing wellness initiatives to be integrated within courses
- Planned and provided review sessions and office hours to aid students in their coursework and exams.

Emory University, Atlanta, GA

January 2019 – December 2021

Teaching Assistant

- Responsible for grading assignments, quizzes and papers for Emory's PSY 211-1 Child Psychopathology course, PSYC 111 introductory psychology course, PSYC 205 – Child Development course, and PSYC 330-1 – Personality Theories course
- Design and present lecture on the topic of Schizophrenia,
- Design and present lecture on borderline personality disorder and dissociative disorders.
- Present lecture on personality Disorders
- Plan and provide review sessions and office hours to aid students in their coursework and exams.
- Responsible for curating excel documents to increase access to the research of people of color

Emory University, Atlanta, GA

January 2020 – May 2020

Instructor, Research Methods

- Taught the lab section of the larger PSY200 Research methods course once a week to guide a group of 13 students through their individually developed research projects
- Helped students develop appropriate academic writing skills
- Helped students with creating and finding appropriate research methods
- Helped students in gathering and assessing data
- Met weekly with other lab instructors to plan learning objectives for students

Emory University, Atlanta, GA

June 2019 – July 2019

Teaching Assistant, Psychology Study Abroad

- Assisted professors in creating research study variables for students in a research study abroad program. This program consisted of 3 weeks in Scotland collecting data on empathy in school children and then 3 weeks at the Psychology department in University College London to clean and analyze the data as well as write up a final research paper in APA format
- Met with students and teachers at the schools in Scotland to ensure a smooth transition for students to interact with the students
- Graded and provided feedback on student assignments while in Scotland and London
- Helped students with creating and finding appropriate research methods
- Provided emotional support for students in the program
- Assisted students with problem solving throughout the program

Emory Pipeline Collaborative, Atlanta GA

November 2019 – March 2020

Health Educator

- Taught neuroscience and mental health topics to a group of 10 – 15 high school students
- Provided mentorship to students applying to college to increase access to resources
- Provided mentorship to college level participants in developing mentorship skills

Open Hand, Atlanta GA

October 2019 – December 2019

Health Educator

- Taught health and nutrition-based classes to adults and children throughout Atlanta
- Provided nutrition education at the pop-up stations located at the Marta-Markets throughout Atlanta

- Took class on trips to grocery stores such as Publix and Kroger to teach them in real time how to shop for healthier foods

Peer Health Exchange, CUNY City College

October 2013 - June 2016

Health Educator & Leadership Counsellor

- Taught health classes to 200 ninth graders in schools throughout New York City
- Taught students in Spanish when needed to supplement their understanding of the material
- Trained incoming health educators to be successful in the classroom
- Attended health seminars to gain knowledge about health education

LEADERSHIP & SERVICE

Co-Advisor Psi Chi, The International Honor Society in Psychology

August 2024 – Present

- Supporting a student led organization that focuses on providing opportunities for psychology majors throughout their academic career.

Advisor Root & Flow, Emory

January 2024 – Present

- Supporting a student led organization that focuses on providing education about self-care
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SEEK PAL Center, CUNY City College

August 2022 – Present

Tutor

- Tutor students in psychology courses offered at CCNY
- Lead supplemental instruction review sessions for psychology courses
- Create study guides and quizzes for psychology students
- Edit resumes, CV's and fellowship essays

SEEK PAL Center, CUNY City College

August 2014 – June 2018

Tutor

- Facilitated the 10th annual Tutor Talk Conference in 2017 leading three different groups of tutors in discussions about what to do when students are not understanding the information being taught
- Tutor over 170 students in Psychology, Anthropology, English, and Theatre History
- Lead supplemental instruction review sessions for psychology courses
- Created study guides and quizzes for psychology students
- Specialized in editing resumes, CV's and fellowship essays
- Reading analyzing and summarizing articles for program director, Hawai Kwok

Thrive Women's Empowerment Inc

August 2019 – June 2022

Student Advisor

- Provide mentorship for 4 students at North Carolina A&T University to aid them in achieving their academic and personal goals
- Provide access to resources necessary for successful interviews
- Provide resume and cover letter editing for students.

Initiative for Maximizing Student Development, Emory University

August 2019 – August 2020

Mentor

- Provided mentorship to undergraduate science majors interested in pursuing a PhD
- Attended seminars on setting goals for undergraduate and graduate students
- Provided workshops focused on wellness and stress reduction for undergraduate students

SEEK Peer Mentor, CUNY City College

June 2016 - June 2017

Mentor

- Completed a rigorous training program to mentor incoming freshmen students and other

students struggling with various academic and personal problems

- Provided mentorship support and classroom instruction to freshman students to help them develop their resumes, personal statements, and start to develop a plan for their academic and future careers
- Co-taught workshops to aid in professional development. Classes included tips on how to manage money, how to deal with stress, how to create smart goals and more.

CLINICAL EXPERIENCE

Pathways to Wellth LLC

April 2026 – Present

Founder

- Created a platform to help students get connected to resources throughout their undergraduate career
- Created a research blog to present the most recent research on wellbeing and development
- Provide a platform to increase dialogue and understanding about mental health
- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, interpersonal therapy and more to treat children adolescents, and adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and other concerns.
- Provide Parent child interactions (PCIT) therapy to children aged 2 – 7 for Oppositional Defiant Disorder and Selective Mutism
- Provide specialized program services for children aged 5-11 with Selective Mutism: Courageous Voices Clinic
- Provide consultation with schools throughout Georgia to educate and support teachers who have students with different behavioral concerns.
- Provide teacher trainings focused on wellbeing and workshops to enhance support for students throughout the school year.
- Collaborate with school administrators, counselors and parents to develop and attend IEP/504 meetings to ensure that children get the support that they need in school.
- Provide psychodiagnostics assessment services for children, adolescents, and young adults.
- Provide extensive parent training for children with anxiety, depression, difficulties with self-esteem, and other behavioral concerns.

Peachtree Integrated Psychology

September 2023 – September 2025

Pre-licensed Professional and post-doctoral fellow under the supervision of Dr. Kristin J. Carothers, PhD

- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, interpersonal therapy and more to treat children adolescents, and adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and other concerns.
- Provide Parent child interactions (PCIT) therapy to children aged 2 – 7 for Oppositional Defiant Disorder and Selective Mutism
- Provide specialized program services for children aged 5-11 with Selective Mutism
- Provide consultation with schools throughout Georgia to educate and support teachers who have students with different behavioral concerns.
- Provide teacher trainings focused on wellbeing and workshops to enhance support for students throughout the school year.
- Collaborate with school administrators, counselors and parents to develop and attend IEP/504 meetings to ensure that children get the support that they need in school.
- Provide psychodiagnostics assessment services for children, adolescents, and young adults.
- Provide extensive parent training for children with anxiety, depression, difficulties with self-esteem, and other behavioral concerns.

The Child and Adolescent Mood Program, Atlanta, GA

August 2021 – August 2023

APA Credited Internship, Clinician

- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, and more to treat children and adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and more
- Provide PCIT services to children aged 2 – 7 for Oppositional Defiant Disorder and Selective Mutism
- Created Group Therapy program for children aged 5-11 with Selective Mutism
- Provide supervision for first year clinicians.
- Attend weekly group supervision to discuss patient progress and develop treatment plans for clients
- Provide psychodiagnostic and psycho-educational assessment services for children, adolescents, and young adults.
- Skilled in assessments such as the WISC-V, WAIS, and KSADS
- Attend staff trainings to further develop skills in therapies such as DBT and assessment of client psychopathology

The Dekalb Social Emotional and Behavioral Support team

August 2020 – August 2021

Clinical Intern under the supervision of Dr. Ann Vanbuskirk, PhD

- Provide Acceptance and Commitment Therapy and Mindfulness Based Cognitive Behavioral Therapy to adolescents with Anxiety, Autism and ADHD
- Attend weekly group supervision to discuss patient progress
- Attend IEP meetings for clients to ensure they are receiving the appropriate accommodations
- Conduct observations and assessment of behavior in the home
- Provide live parent coaching via zoom for parents of children with Autism
- Consult with Autism and ADHD specialists to create visual boards for clients
- Consult with student aids to ensure appropriate support at school
- Skilled a building rapport with adolescent clients

Parent Training and School Intervention Practicum

January 2020 – Present

Graduate Student Clinician

- Provide Parent management training to families with children who have difficulty with school, ADHD, and other behavioral problems
- Provide strategies for management of parent stress
- Conduct psychological assessments and trained to provide school consultations
- Attend supervision to consult on cases within the practicum and develop treatment plans for each family.
- Skilled in creating routines, token economies and reinforcement charts for children

Stress Management Clinic Practicum

June 2020 – Present

Graduate Student Clinician

- Trained to provide stress management modules at the Free Clinic service offered by Dr. Dana Wyner
- Attend supervision to discuss cases, assess patient progress, and practice delivering therapies including Acceptance and Commitment Therapy
- Works collaboratively to improve the modules by tailoring it to specific clients such as parents, kids, adults experiencing grief, graduate students, and undergraduate students

The Emory Psychological Clinic, Atlanta, GA

July 2019 – August 2021

Graduate Student Clinician

- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, and more to treat adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and more
- Attend weekly group supervision to discuss patient progress and develop treatment plans for clients
- Provide neuropsychological assessment services to better help children function to their fullest potential in school
- Skilled in administering assessments such as the WISC-V, WAIS, KeyMath, Woodcock-Johnson, Bayley

Scales, and Differential Ability Scales (DAS)

- Attend staff trainings to further develop skills in therapies such as DBT and assessment of client psychopathology

The Child Mind Institute, New York, NY

September 2016 – June 2018

Program Assistant for The Selective Mutism Service and Parent Child Interaction Program

- Support specialists in the Anxiety and Mood Disorders Center in planning and facilitating Selective Mutism and Parent Child Interaction sessions and participate in clinical sessions, including exposures for anxiety.
- Lead weekly group treatment sessions for children with Selective Mutism. This involves both preparing materials for the group and participating in the group itself
- Developed presentation, writing, and research skills with the research team
- Entered PCIT data, including weekly measures of child disruptive behavior, parent skill acquisition, and training clinician skill acquisition
- Observed and participate in live PCIT sessions and complete adherence checklists to ensure clinician fidelity to the PCIT treatment manual
- Trained new counsellors in Parent Child Interaction skills (CDI and VDI)
- Attended weekly supervision meetings to discuss patient progress.

The Child Mind Institute, New York, NY

June 2016 - August 2016

Clinical Intern, Jeannette K. Watson Fellowship

- One of six interns chosen to receive clinical training from the director of the Selective Mutism Service, the director of the ADHD and behavior Disorders Centre, and other specialists at the childmind institute to work as a clinical counselor during treatment sessions with children who have disorders such as selective mutism, separation anxiety disorder, obsessive compulsive disorder, ADHD and other disruptive behavior disorders.
- Collaborated with clinicians and interns to develop *Brave Buddies*, an intensive week-long program, which provides innovative intensive treatment for children with Selective Mutism. I also participated as a therapeutic counselor in week and day-long programs.
- Assisted faculty in ongoing clinical and research projects and in organizing new public education programs provided onsite and in the community by the Trauma and Resilience Center.
- Planned and co-lead resilience workshops for school age children in far Rockaway with specialists in the Trauma and Resilience Center.
- Developed presentation, writing, and research skills while learning developmental psychopathology, behavioral assessments, and psychopharmacology for the Learning and Development Center.
- Completed a research project that examined PTSD severity in children in relation to type of trauma under the mentorship of faculty clinician, Dr. Jamie Howard, and prepared a presentation for the CMI community. Results showed death of a family member related to the highest levels of PTSD severity.
- Assisted in completing special projects assigned by faculty clinicians to aid in the treatment of their patients. Examples include collecting articles and books to create both a parent and teenage friendly ADHD library; and creating a presentation to help clinicians inform parents of the neuropsychological tests available for their children.

Rockland Psychiatric Center, Rockland, NY

June 2014 - December 2014

Volunteer

- Assisted patients of a psychiatric center that provides treatment, rehabilitation, and support to adults 18 and older with severe and complex mental illness.
- Implemented Milieu and Art therapy with the patients by engaging them in various art projects under the supervision of Nicholas Teodoru, treatment team leader.
- Shadowed Nicholas and learned about each patients' long-term treatment plan.
- Learned about various disorders and treatments for each disorder.

RESEARCH EXPERIENCE

BUILD Lab, Emory University**August 2018 – August 2023***Graduate Research Assistant**Research Advisor: Patricia Brennan, PhD*

- Responsible for dataset, codebook creation, and data entry for a research project that explores home quality using mother child interaction videos
- Supervise data collection involving oversight of the procedures, processes, and the data that is collected
- supervise training for the undergraduate RA's on data collection procedures
- supervise meetings with the data collection team consisting of 2 undergraduate RA's to discuss any challenges faced during data collection while in the field with families

Attention Lab, CUNY City College**January 2017 – June 2018***Research Assistant*

- Participated as a research assistant in the attention and neuropsychological development lab by training in testing children with ADHD
- Trained in administering the WAIS-IV, DIVA, Iowa Gambling Task (IGT), Eye Tracking, Seven-day Activity Questionnaire, Connors Computer Task, Wood-Cock Johnson, TOWRE
- Working with Dr. Sarah O'Neill and Carolina Rosario to complete secondary testing for obesity study.
- Trained extensively in SPSS to clean and analyze data

Applied Developmental Psychology Lab, University of Cambridge, UK**June 2017 – June 2018***Research Assistant, Jeannette K. Watson Fellowship*

- Working with Dr. Michael Lamb, Hayden Henderson, and Faith Vanmeter to examine the differences between forensic interviewing questions used for youth ages 10-15. Specifically, this project focuses on how closed versus open ended questions affect a child's narrative coherence score and verdict
- Coded over 120 American best Evidence transcripts for open vs closed questions and narrative coherence
- Developed a guide to properly code transcripts to obtain a reliable narrative coherence score
- Learned Thematic analysis to assist doctoral candidate Rebeca Sandu in considering the effects of positive relationships on the lives of children who have faced multiple traumas
- Learned the computer program *nvivo* to examine the codes taken from the interview transcripts
- Learned Discriminant Function analysis to examine data

Research on Addictive Disorders Lab, CUNY City College**December 2015 - May 2016***Research Assistant*

- Worked with Dr. Lesia Ruglass to examine racial differences in reactions to smoking images among smokers to assist in the development of improved treatments for smokers who want to quit
- Screened participants to determine eligibility to participate in the smoking study based on race age, and other inclusion questions
- Scheduled participants for the experiment sessions and assisted researchers during experimental procedures including baseline and EEG sessions
- Maintained database for study by organizing participant information and schedules.

PUBLICATIONS

- Johnson, E. J., & Brennan, P. A. (2021). Paternal Borderline Symptoms and Offspring Outcomes in Young Adulthood. *Journal of Personality Disorders*, 1-18.

PRESENTATIONS

Poster Presentations

- Johnson, E. Brennan, P., (November 2022) *The Relationship Between Prenatal Stress, Vitamin D, and Neurodevelopment Among Black Women and Their Children*. International Society of Developmental Psychobiology

- Johnson, E. Brennan, P., (November 2021) *Examining Protective Parenting Practices in the Association between Prenatal Stress and Infant Cognitive Functioning*. International Society of Developmental Psychobiology
- Johnson, E., Brennan, P., Cohen, M.F., Mckenna, B., Stanfield, J., (April 2021) *Prenatal Stress and Infant Cognitive Development: Residential Quality as a Protective Factor*. Society for Research in Child Development
- Johnson, E., Brennan, P., Cohen, M.F., Mckenna, B., Stanfield, J., (June 2020) *Prenatal Stress and Infant Cognitive Development: Residential Quality as a Protective Factor*. World Association for Infant Mental Health, Brisbane, Australia
- Rozario, C., Johnson, E., Badripersaud, B., Alkouchiri, N., Hidalgo, G., & O'Neill, S. (January, 2020). *Are ADHD severity and BMI associated with binge eating behavior among college students?* Presentation to the American Professional Society of ADHD and Related Disorders, Washington D.C., USA

Workshops & Talks

- Mental Health Workshop: Stone Mountain-Lithonia Alumnae chapter of Delta Sigma Theta Sorority Inc. Debutante program(August 2025)
- Tea Time: Table Talk on Self-Care. Reflection, Reverence, & Recalibration. *Active Minds*. November 2024
- Johnson, E. Brennan, P., (June 2021) *Paternal borderline symptoms and offspring outcomes in young adulthood*. Special Interest Research Group on Father-Child Attachment and Relationships (SIRG-FCAR)
- Johnson, E. Brennan, P., (April 2021) *Examining Protective Parenting Practices in the Association between Prenatal Stress and Infant Cognitive Functioning*. Break the Cycle of Children's Environmental Health Disparities
- Increasing Wellness During the First Semester of School. Initiative for Maximizing Student Development. August 2020
- Increasing Mental Health and Wellness across Campus: Engaging in dialogue about stigmatized subjects within our communities. *Emory Scholar's Program and Retreat*. January 2020